

# New Jersey Child Assault Prevention Cyber- Empowerment Program

Tips to  
**PREVENT  
SEXTING**



## **New Jersey Child Assault Prevention (NJ CAP)**

The New Jersey Child Assault Prevention (NJCAP) is a training center which empowers communities of New Jersey to help keep their children safe from peer assault (bullying), abduction and known adult assault. Local community members are trained and certified by the state as facilitators in the CAP curricula and then they in turn provide this training to their local schools and community groups. All CAP programs utilize a three-pronged approach to prevention education: training staff, parents and children. CAP curricula strategies include self assertion, peer support, effective communication and reporting skills. CAP programs are presented with a view of assault as a violation of basic human rights, and a belief that all children have the right to be **Safe, Strong and Free**.

## **Program Description: Cyber-Empowerment**

"Cyber-Empowerment", one of NJ CAP's newest programs, offers adult workshops which delve into the cyber world of today's youth. The workshops explore how some electronic communications are opportunities for bullying, bias crimes and violence amongst students. While, these workshops were created in cooperation with the Cyber- Crimes investigation unit of the NJ State Police, the presentation goes beyond stories of strangers lurking on the internet to catch unsuspecting children. Instead, Cyber-Empowerment promotes adults understanding of cyber activity of youth while teaching them realistic ways to help students keep their own rights and guard the rights of others in the cyber-sphere.



## **Did you know that:**



**54% of teens have had private online conversations through instant messaging - with 27% saying that their chats have been sexual in nature. 42% of students have been bullied online and 53% have admitted to texting or sending rude, cruel and hurtful messages to others. 20% of teens admit to having posted or sent nude or semi-nude photos/videos of themselves or others. 48% of teens admit receiving these same types of photos/videos 85% of parents are not aware of their children's social networking or online habits or how dangerous they can be.**

**To find a CAP Project in your area go to: [http://www.njcap.org/contact\\_us.wbp](http://www.njcap.org/contact_us.wbp)**

Sponsored by: New Jersey Child Assault Prevention (CAP is a project of the Educational Information Resource Center and the Department of Children and Families)



# What and who are your kids connected to?

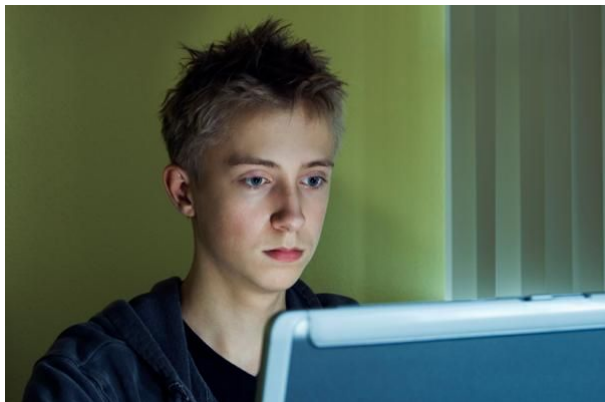
Cyberbullying on Facebook, Instagram or other social networking sites?

ARE THEY TEXTING?

BULLYING?

SEXTING?

GAMING?



***Please attend this very special parent.workshop ..  
To find out more about these topics,  
and how to keep your children  
"SAFE, STRONG AND FREE"  
in the age of technology...***



***Workshop Date:Thursday February 16th***

***Time: 7:00 PM***

***Location: Frank W. Gavlak School All-Purpose Room***

***Presented by the Bergen County CAP Task Force***

***Deborah Tedino, Coordinator, 201-857-3114***

To learn more about NJCAP visit: [www.njcap.org](http://www.njcap.org)

New Jersey Child Assault Prevention (NJ CAP) is a project of the Educational Information and Resource Center (EIRC) and the New Jersey Department of Children and Families (DCF).